

CUSTOMER INFORMATION SHEET/KNOW YOUR POLICY

This document provides key information about your policy. You are also advised to go through your policy document.

S.N o	Title	Description (Please refer to applicable Policy Clause	Policy Clause Number
1	Name of Insurance Product/Policy	Number in next column) Optima Plus	NA
2	Policy number	Policy number shall be as on Policy Schedule issued post policy issuance	NA
3	Type of Insurance Product/ Policy	Both Indemnity and Benefit	NA
4	Sum Insured	 Individual Sum Insured -Where each member has a separate sum insured under the policy) Sum Insured shall be as opted and the same will be mentioned in your Policy Schedule Note: For complete details of Sum Insured 	NA
5	Deliev Coverage	applicability, please refer to your Policy Schedule	
5	Policy Coverage (What the policy covers?)	Base Covers: Coverages in force for the Insured Persons shall be as per the plan opted. Expenses in respect of:	
		1. Admission in Hospital for minimum 24 hours	B.a
		 Pre-hospitalization: - Medical Expenses incurred in 60 days before the admission in the Hospital. 	B.b
		 Post hospitalization: Medical Expenses incurred in 90 days after the discharge from Hospital. 	B.c
		 Day Care procedures requiring less than 24 hours of hospitalization 	B.d



		 Organ Donor- Medical Expenses on harvesting the organ from the donor for organ transplantation. Ambulance Charges: Expenses on road Ambulance subject to a maximum of Rs.2000/- per hospitalization. Domiciliary Treatment - The Medical Expenses incurred by an Insured Person for availing medical treatment at his home which would otherwise have required 	B.e B.f B.g
6	Exclusions (what the policy does not cover)	 Hospitalisation. Investigation & Evaluation: Code Excl04 Expenses related to any admission primarily for diagnostics and evaluation purposes only are excluded. Any diagnostic expenses which are not related or not incidental to the current diagnosis and treatment are excluded. 	C.II.i
		 2. Rest Cure, rehabilitation and respite care: Code – Excl05: Expenses related to any admission primarily for enforced bed rest and not for receiving treatment. This also includes: Custodial care either at home or in a nursing facility for personal care such as help with activities of daily living such as bathing, dressing, moving around either by skilled nurses or assistant or non- skilled persons. Any services for people who are terminally ill to address physical, social, emotional and spiritual needs. 	C.II.ii
		 3. Obesity/Weight control: Code – Excl06: Expenses related to the surgical treatment of obesity that does not fulfill all the below conditions: Surgery to be conducted is upon the 	C.II.iii



advice of the Doctor	
ii. The surgery/Procedure conducted should	
be supported by clinical protocols	
iii. The member has to be 18 years of age or	
older and	
iv. Body Mass Index (BMI)	
A. greater than or equal to 40 or	
B. greater than or equal to 35 in	
conjunction with any of the following	
severe co-morbidities following failure	
of less invasive methods of weight	
loss:	
1) Obesity-related cardiomyopathy	
2) Coronary heart disease	
3) Severe sleep apnea	
4) Uncontrolled type2 diabetes	
4 Change of Gonder treatments: Code	C.II.iv
 Change-of-Gender treatments: Code – Excl07: 	0.11.10
Expenses related to any treatment, including	
surgical management, to change characteristics	
of the body to those of the opposite sex	
5. Cosmetic or plastic Surgery: Code -	C.II.v
Excl08:	
Expenses for cosmetic or plastic surgery or any	
treatment to change appearance unless for	
reconstruction following an Accident,	
Burn(s) or Cancer or as part of Medically	
Necessary Treatment to remove a direct and	
immediate health risk to the insured. For this to	
be considered a medical necessity, it must be	
certified by the attending Medical Practitioner	
6. Hazardous or Adventure Sports: Code –	C.II.vi
Exclog: Expenses	0.11.11
related to any treatment necessitated due to	
participation as a professional in Hazardous or	
Adventure sports, including but not limited to,	
para-jumping, rock climbing, mountaineering,	
para jamping, rook ombing, mountamooring,	



rafting,motor racing, horse racing or scuba diving, hand gliding, sky diving, deep-sea diving.	
7. Breach of Law: Code – Excl10: Expenses for treatment directly arising from or consequent upon any Insured Person committing or attempting to commit a breach of law with criminal intent.	C.II.vii
8. Excluded Providers: Code – Excl11: Expenses incurred towards treatment in any hospital or by any Medical Practitioner or any other provider specifically excluded by the Insurer and disclosed in its website/notified to the Policyholders are not admissible. However, in case of Life Threatening Situations or following an Accident, expenses up to the stage of stabilization are payable but not the complete claim.	C.II.viii
9. Treatment for Alcoholism, drug or substance abuse or any addictive condition and consequences thereof. Code – Excl12.	C.II.ix
10. Treatments received in health hydros, nature cure clinics, spas or similar establishments or private beds registered as a nursing home attached to such establishments or where admission is arranged wholly or partly for domestic reasons. Code – Excl13.	C.II.x
 11. Dietary supplements and substances that can be purchased without prescription, including but not limited to Vitamins, minerals and organic substances unless prescribed by a Medical Practitioner as part of Hospitalization claim or Day Care procedure. Code – Excl14. 	C.II.xi
12. Refractive Error: Code – Excl15: Expenses	C.II.xii



related to the treatment for correction of eye sight due to refractive error less than 7.5 dioptres.	
13. Unproven Treatments: Code – Excl16: Expenses related to any unproven treatment, services and supplies for or in connection with any treatment. Unproven treatments are treatments, procedures or supplies that lack significant medical documentation to support their effectiveness.	C.II.xiii
 14. Sterility and Infertility: Code – Excl17: Expenses related to sterility and infertility. This includes: Any type of contraception, sterilization Assisted Reproduction services including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI Gestational Surrogacy Reversal of sterilization 15. Maternity: Code – Excl18 Medical treatment expenses traceable to childbirth(including complicated deliveries and caesarean sections incurred during hospitalization) except ectopic pregnancy; Expenses towards miscarriage (unless due to an accident)and lawful medical 	C.II.xiv C.II.xv
termination of pregnancy during the Policy Period.	
Specific Exclusions: i. War or any act of war(whether war be declared or not or caused during service in the armed forces of any country), invasion, act of foreign enemy, civil war, public defence, rebellion, revolution, insurrection, military or usurped acts,	C.IV.i



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nuclear weapons/materials, chemical an biological weapons, radiation of any kind. ii. Any Insured Person committing of	or C.IV.ii
attempting to commit intentional self-injur or attempted suicide or suicide whil mentally sound or unsound.	e
iii. Any Insured Person's participation of involvement in naval, military or air forco operation.	
iv. Investigative treatment for Sleep-apnoea general debility or exhaustion ("run-dow condition").	
v. Congenital external diseases, defects o anomalies,	or C.IV.v
vi. Stem cell harvesting	C.IV.vi
vii. Investigative treatment for analysis an	
adjustments of spinal subluxation	
diagnosis and treatment by manipulatio	n
of the skeletal structure or for musc	e
stimulation by any means excep	
treatment of fractures (excluding hairlin	
fractures) and dislocations of th	e
mandible and extremities).	
viii. Circumcisions (unless necessitated b Illness or Injury and forming part o treatment).	
ix. Any Convalescence, sanatoriu	n C.IV.ix
treatment, private duty nursing or long	
term nursing care.	d C.IV.x
x. Preventive care, and other nutritional an electrolyte supplements, unless certifie	d
to be required by the attending Medica	
Practitioner as a direct consequence of a	n
otherwise covered claim. xi. Vaccination including inoculation an	d C.IV.xi
xi. Vaccination including inoculation an immunisations (Except post bit treatment),	
xii. Non-Medical expenses such as Foo	d C.IV.xii
charges (other than patient's diet provide	
by hospital), laundry charges, attendar	



	charges, ambulance collar, ambulance	
	equipment, baby food, baby utility charges etc. Full list of Non-Medical expenses attached and is attached and also	
xiii.	available at www.hdfcergo.com. Treatment rendered by a Medical	C.IV.xiii
	Practitioner which is outside his discipline or the discipline for which he is licensed; treatments rendered by a Medical	
	Practitioner who is a member of an Insured Person's family, or stays with him,	
xiv.	Treatment taken on Outpatient basis	C.IV.xiv
XV.	The provision or fitting of hearing aids, spectacles or contact lenses.	C.IV.xv
xvi.	Any treatment and associated expenses	C.IV.xvi
	for alopecia, baldness including corticosteroids and topical immunotherapy	
	wigs, toupees, hair pieces, any	
	nonsurgical hair replacement method.	
xvii.	Optometric therapy. Any treatment or part of a treatment that	C.IV.xvii
	is not of a Reasonable and Customary	0.111.00
	charge, not Medically Necessary;	
	treatments or drugs not supported by a prescription.	
xviii.	Expenses for Artificial limbs and/or device	C.IV.xviii
	used for diagnosis or treatment (except	
	when used intraoperatively).prosthesis, corrective devices external durable	
	medical equipment of any kind,	
	wheelchairs crutches and oxygen	
	concentrator for bronchial asthma/ COPD conditions, cost of cochlear implant(s)	
	unless necessitated by an Accident.	
	Exhaustive list of NonMedical Expenses	
	attached and also available on www.	
xix.	hdfcergo.com. Any Claim arising due to Non-disclosure	C.IV.xix
	of Pre-existing Illness or Material fact as	
	sought to be declared on the Proposal	



		form.	C.IV.xx
		xx. Dental treatment and surgery of any kind,	0.10.77
		unless requiring Hospitalisation	C.IV.xxi
		xxi. Non allopathic treatment except for	
		inpatient care AYUSH treatment.	C.IV.xxii
		xxii. Any exclusion mentioned in the Schedule	
		or the breach of any specific condition mentioned in the Schedule	
7	Waiting period	1. Initial waiting Period: 30 days for all illnesses	C.I.i
	Time period	(not applicable in case of continuous renewal	
	during which	or accidents)	
	specified diseases/treatm	2. Specific Waiting periods (Not applicable for	C.I.ii
	ents are not	claims arising due to an accident):	0.1.11
	covered.	• 24months for listed diseases/ procedure	
	It is counted		
	from the	3. Pre-existing diseases: Covered after	C.I.iii
	beginning of	36months	
	the policy		
	coverage.	Note: Waiting Periods in force for Insured	
		Persons shall be as per the plan opted or option selected	
8	Financial limits	The policy will pay only up to the limits specified	
	coverage of	hereunder for the following diseases/	
		procedures:	
	i. Sub-limit (It is a	Base Cover :	Бf
	pre- defined limit and the insurance	a) Emergency Ambulance Charges:	B.f
	company will not	Expenses on road Ambulance subject to a	
	pay any amount in	maximum of Rs.2000/- per hospitalization.	
	excess of this limit)		
	ii. Deductible (It is	Deductibles Options : 1/2/3/4/5L	
	a specified amount:		
	amount.		
	- up to which an		
	insurance		



	company will not pay any claim, and - which will be deducted from total claim amount (if claim amount is more than the specified amount)		
-	Claims/Claims Procedure	 A. Details of procedure to be followed for cashless service as well as for reimbursement of claim including pre and post hospitalization in India. Turn Around Time (TAT) for claims settlement: For Cashless Process : TAT for preauthorization of cashless facility: Decision on cashless authorization to be provided within 1 hour from the time of receipt of request TAT for cashless final bill authorization: Within 3 hours of the receipt of discharge authorization request from the hospital. B. Procedure for Cashless Claims Outside India: You shall intimate the Claims to us through any available mode of communication as specified in the Policy, Health Card or our Website. Global ContactNo : +800 08250825 (accessible from locations outside India only) Landline no (Chargeable) : 0120-4507250 	D



		Emailtravelclaims@hdfcergo.com	
		For Reimbursement Process :	
		 TAT for Claim settlement –Within 15 days of claim intimation. Provide the details /web link for following: 	
		i. Network Hospital details : https://www.hdfcergo.com/locators/ cashless-hospitals-networks	
		ii. Helpline number : https://www.hdfcergo.com/ customercare/grievances	
		Contact us - 022 6158 2020/ 022 6234 6234	
		i. Hospitals which are excluded or from where no claims will be accepted by insurer <u>http://www.hdfcergo.com/docs/default-</u> <u>source/documents/excluded-</u> <u>hospital1.pdf</u>	
		ii. Downloading/getting claim form <u>https://www.hdfcergo.com/download/</u> <u>claim-form</u>	
10	Policy Servicing	Contact us - 022 6158 2020/ 022 6234 6234 Or visit help section on www.hdfcergo.com	D
		Details of Company officials: Customer Happiness Center: D-301, 3rd Floor, Eastern Business District LBS Marg, Bhandup (West), Mumbai - 400 078.	
11	Grievances/	In case of any grievance the insured person may	D.I.q



	Complaints	 contact the Company through: Website: www.hdfcergo.com Contact us - 022 6158 2020/ 022 6234 6234 E-mail: grievance@hdfcergo.com Contact Details for Senior Citizen: 022 – 6242 – 6226 E-mail specific for Senior citizens : seniorcitizen@hdfcergo.com Insured Person may contact the Grievance officer at cgo@hdfcergo.com For updated details of grievance officer, kindly refer the link: https://www.hdfcergo.com/customer-voice/grievances Ombudsman: https://bimabharosa.irdai.gov.in/. 	
12	Things to remember	 Free Look cancellation: You may cancel the insurance policy if you do not want it, within 30days from the beginning of the policy. Process for free look cancellation: The Free Look Period shall be applicable on new individual health insurance policies and not on renewals or at the time of porting/migrating the policy. The insured person shall be allowed free look period of 30 days from date of receipt of the policy document to review the terms and conditions of the policy, and to return the same if not acceptable. Policy renewal: Except on grounds of fraud, moral hazard or misrepresentation or non-cooperation, renewal of your policy shall not be denied, provided the policy is not withdrawn. 	D.I.e D.I.g



Migration and Portability: When your policy is due for renewal, you may migrate to another policy with us or port your policy to another insurer.	D.I.m & D.I.n
Process for migration: The Insured Person will have the option to migrate the Policy to other health insurance products/plans offered by the Company by applying for Migration of the policy atleast 30 days before the policy renewal date as per IRDAI guidelines on Migration.	
Process for portability: The Insured Person will have the option to port the Policy to other insurers by applying to such Insurer to port the entire policy along with all the members of the family, if any, at least 30 days before, but not earlier than 60 days from the policy renewal date as per IRDAI guidelines related to Portability.	
Change in Sum Insured: Sum Insured can be changed (increased/ decreased) only at the time of renewal, subject to underwriting by the company. For increase in SI, the waiting period if any shall start afresh only for the enhanced portion of the sum insured.	
Moratorium Period: After completion of 5 continuous years under the policy no look back to be applied. This period of 5 years is called as moratorium period. The moratorium would be applicable for the sums insured of the first policy and applicable for the sums insured of the first policy and subsequently completion of 5 continuous years would be applicable from date of enhancement of sums insured only on the enhanced limits.	D.I.I
After the expiry of Moratorium Period no health	



		insurance policy shall be contestable except for proven fraud and permanent exclusions specified in the policy contract.	
13	Your Obligations	Please disclose all pre-existing disease/s or condition/s and fill in the complete details in the proposal form before buying a policy. Non- disclosure may affect the claim settlement.	

Note:

- Web-link of the product documents: << <u>https://www.hdfcergo.com/download</u>
 >>
- 2. In case of any conflict, the terms and conditions mention in the policy document shall prevail.

Declaration by the Policy Holder;

I have read the above and confirm having noted the details.

Place:

Date:

(Signature of the Policyholder)